

PAUL HANU MEDICAL COLLEGE, DUMKA
FOUNDATION COURSE TIME TABLE OF MBBS, BATCH 2026-27

for 15.9.26

From 15.09.2026 to 30.09.2026

Day	09 - 10 AM	10 - 11 AM	11 AM - 01 PM	01 - 02 PM	02 - 04 PM	04 - 05 PM
MON	Holiday					
TUE 15.09.2026	Orientation Programme (Foundation course)	ORIENTATION PROGRAMME/ FC1.4	FC 1.6, FC1.7 HODs all Dept	LUNCH BREAK	FC 1.1 Pathology/ FC 1.2 Biochemistry	FC 1.3 Anatomy and Physiology
WED 16.09.2026	FC 1.5 Orient with College Campus, facilities etc	FC 1.5 Visit to Pre/Para/clinical Dept	Anti ragging Rules and regulations/FC 1.8 Medicine	LUNCH BREAK	FC 1.10 Pharmacology	ECA
THUR 17.09.2026	HOLIDAY					
FRI 18.09.2026	FC 4.9 Microbiology	FC 4.1 Surgery	FC 4.5 Surgery/Ophthalm/ENT	LUNCH BREAK	FC 5.1	FC 5.1
SAT 19.09.2026	FC 4.13 Pharmacology	FC 2.8 Community Med	FC 4.7 Psychiatry	LUNCH BREAK	FC 5.2	FC 5.2
SUN 20.09.2026	Sunday					

PHULO JHANO MEDICAL COLLEGE, DUMKA
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Day	09 - 10 AM	10 - 11 AM	11 AM - 01 PM	01 - 02 PM	02 - 04 PM	04 - 05 PM
MON 21.09.26	FC 4.6 OBG	FC 4.3 Biochemistry	FC 4.4 & 4.10 Biochemistry	LUNCH BREAK	FC 4.14, FC 4.15 Physiology	FC 4.11 Anatomy
TUE 22.09.2026	HOLIDAY					
WED 23.09.2026	HOLIDAY					
THUR 24.09.2026	FC 3 Comm. Medicine	FC 3 CM	FC 3 CM	LUNCH BREAK	FC 3 CM	FC 1.9 CM
FRI 25.09.2026	FC 2.1 Anaesthesia	FC 2.1 Anaesthesia	FC 2.2 Surgery	LUNCH BREAK	FC 5.4	ECA
SAT 26.09.2026	FC 2.4 Pathology	FC 2.4 Pathology	FC 2.3 Medicine	LUNCH BREAK	FC 5.5	FC 4.12 Pediatrics
SUN 27.09.2026						
Day	09 - 10 AM	10 - 11 AM	11 AM - 01 PM	01 - 02 PM	02 - 04 PM	04 - 05 PM
MON 28.09.26	FC 2.6 OBG	FC 2.6 OBG	FC 2.5 Orthopedics	LUNCH BREAK	FC 4.11 Anatomy & FC 2.7 Microbiology	FC 4.12 Pediatrics/ FC 2.9 Record Room
TUE 29.09.2026	IT & AI	IT & AI	Clinicob laboratory Communication	LUNCH BREAK	ECA	ECA
WED 30.09.2026	FC 4.2	WHITE COAT CEREMONY	WHITE COAT CEREMONY	LUNCH BREAK	FEED BACK SESSION	ECA

FOUNDATION COURSE (2026-2027)

Orientation Module including History of Indian medicine – 15Hrs

ORIENTATION DAY 15.09.2026, Welcome freshers, Introduction, address by Principal/Dean, Meeting of Parents and wards with Administrative Heads, Hostel wardens, Head of Departments and faculties.

CODE	MODULE AND SUB TOPICS	DATE	HOURS	DEPARTMENT	TIME
FC1.1	Demonstrate understanding of the role of Doctors in the society and their impact	15.09.2026	01	Pathology	2.00 pm to 3.00 pm
FC 1.2	Demonstrate understanding of the role of an Indian Medical Graduate and relate it to the societal impact	15.09.2026	01	Biochemistry	3.00 pm to 4.00 pm
FC1.3	Discuss and appreciate the expectations of the students from nation, society, institution, peers, colleagues and patients and vice versa	15.09.2026	01	Anatomy & Physiology	4.00pm to 5.00 pm
FC 1.4	Demonstrate understanding of the rules and regulations of the Institution	15.09.2026	01	Prof. I/C Student Section, Hostel Wardens	10.00 am to 11.00 am
FC 1.5	Orient themselves to the college campus, facilities, faculty, administrative structure, support systems and processes of Institution	16.09.2026	02	Resource faculty Team	9.00am to 1.00 pm
FC 1.6	Discuss the various career pathways and opportunities for personnel growth	15.09.2026	02	HODs, of Pre – clinical, Paraclinical, Clinical Departments.	11.00 am to 12.00 pm
FC 1.7	Demonstrate understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways				12.00 am to 1.00 pm
FC 1.8	Demonstrate understanding of the role of Physician at various levels of health care system	16.09.2026	01	Medicine	12.00 to 01.00 pm
FC 1.9	Discuss the principles of family practice	24.09.2026	01	Community Medicine	4.00 to 5.00 pm
FC 1.10	Demonstrate awareness of the History of Medicine and alternative systems of Medicine	16.09.2026	02	Pharmacology	2.00pm to 4.00pm

	Anti-Ragging Rules and Regulations	16.09.2026	C1	Anti-ragging Committee	11.00 am to 12.00 pm
	Orientation Programme/Meeting with Parent & wards	15.09.2026	2		9.00 am to 10.00 am

2. SKILL MODULE

CODE	MODULE AND SUB TOPICS	DATE	HOURS	DEPARTMENT	TIME
FC 2.1	Perform Basic Life support in Skills lab	25.09.2026	02	Anaesthesia	9.00 To 11.00 am
FC 2.2	Perform First Aid in a simulated environment	25.09.2026	02	Surgery	11.00 am to 01.00 pm
FC 2.3	Follow bio-safety and universal precautions	25.09.2026	01	Medicine	11.00 am to 01.00 pm
FC 2.4	Demonstrate handling and safe disposal Biohazardous materials in a simulated environment	26.09.2026	02	Pathology	9.00 am to 11.00 pm
FC 2.5	Demonstrate proper hand washing and use personal protective equipment	28.09.2026	02	Orthopaedics	11.00 am to 1.00 pm
FC 2.6	Demonstrate appropriate response to needle stick injuries	28.09.2026	02	OBS & Gynae	9.00 am to 11.00 am
FC 2.7	Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations	28.09.2026	02	Microbiology	11.00 am to 1.00 pm
FC 2.8	Discuss the Immunization requirements of Health care professionals	19.09.2026	01	Community Medicine	10.00 am to 11.00 am
FC 2.9	Demonstrate awareness of significance of documentation in patient care and the proper method of documentation	28.09.2026	01	In charge, Patient Record Department	4.00 pm to 5.00 pm

3. Community Orientation Module - 05 Hrs. DEPARTMENT- COMMUNITY MEDICINE, DATE-24.09.2026 (9.00 am to 1.00pm & 2.00pm to 3.00pm)

4. Professional Development and Ethics Module (P&E) including Mental health – 15Hrs, + YOGA 10 HRS= 25 HRS

CODE	MODULE AND SUB TOPICS	DATE	HOURS	DEPARTMENT	TIME
FC 4.1	Demonstrate understanding of the concept of Professionalism and ethics among health care professionals and discuss the co sequences of unprofessional and unethical behaviour	18.09.2026	1	SURGERY	10.00am to 11.00 am
FC 4.2	Demonstrate understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physician's work	30.09.2026 WCC	1	Principal & Dean PJMC Dumka	9.00 am to 11.00 am
FC 4.3	Discuss the value, honesty and respect during interaction with peer, seniors, faculty, other health care workers and patients	21.09.2026	1	BIOCHEMISTRY	10.00 am to 11.00am
FC 4.4	Discuss the significance of working in a health care team	21.09.2026	1	BIOCHEMISTRY	11.00 am to 12.00pm
FC 4.5	Discuss disability competencies	18.09.2026	2	SURGERY, ORTHO, OPHTHA, ENT	11.00 am to 1.00 pm
FC 4.6	Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values	21.09.2026	1	OBSTETRICS & GYNAECOLOGY	10.00am to 11.00am
FC 4.7	Discuss the significance and methods of stress management and risk taking behaviour.	19.09.2026	2	PSYCHIATRY	11.00am to 1.00pm
FC 4.8	Understand the role of Yoga and meditation in personal health	12.06.2027 to 21 06.2027	10	COLLEGE ADMINISTRATION/ YOGA COMMITTEE	6:00am to 8:00 am
FC 4.9	Discuss the significance and appropriate ways of Time management	18.09.2026	1	MICROBIOLOGY	9.00am to 10.00am
FC 4.10	Demonstrate understanding of importance of interpersonal relationship while working in a health care team	21.09.2026	1	BIOCHEMISTRY	12.00pm to 1.00pm
FC 4.11	Understand the role of mentoring	21.09.2026	1	ANATOMY	9.00am to 10.00am
FC 4.12	Demonstrates understanding of the process of group learning and group dynamics	28.09.2026	1	PEDIATRICS	4.00pm to 5.00pm
FC 4.13	Comprehend the learning pedagogy and its role in learning skills	19.09.2026	1	PHARMACOLOGY	09.00 am to 10.00am

FC 4.14	Demonstrates understanding of different methods of self-directed learning	21.09.2026	1	PHYSIOLOGY	2.00pm to 3.00pm
FC 4.15	Understand collaborative learning	21.09.2026	1	PHYSIOLOGY	3.00pm to 4.00pm

5. Enhancement of Language and Computer Skills Module including clinic-laboratory communication – 10 Hrs + 3 Hours

CODE	MODULE AND SUB TOPICS	DATE	HOURS	RESOURCE FACULTY WITH DEPARTMENT	TIME
FC 5.1	Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate ways to respond	18.09.2026	02	Designated Resource Person	2.00 pm to 4.00 pm
FC 5.2	Demonstrate use of local language in patient and peer interactions	19.09.2026	02	Designated Resource Person	2.00 pm to 4.00 pm
FC 5.3	Demonstrate ability to communicate and learn in English	25.09.2026	02	Designated Resource Person	2.00 pm to 4.00 pm
FC 5.4	Demonstrate basic computer skills	26.09.2026	02	Designated Resource Person	2.00 pm to 4.00 pm
FC 5.5	Demonstrate ability for accessing online resources	28.09.2026	02	Designated Resource Person	2.00pm to 4.00 pm
	IT and Artificial Intelligence	29.09.2026	02	Designated Resource Person	09:00 Am to 11:00 am
	Clinicolaboratory Communication	29.09.2026	03	Patho/Micro/Biochem	11.00 am to 01.00 pm

**6. Sports and Extra-curricular Activities 10Hrs
Designated Resource Committee**

Note :

*** All HODs are directed to designate resource faculties for conducting the assigned sessions.**

*** All Resource faculties are directed to duly sign the Log Book of Foundation Course after Completion of each assigned topic and also send the Attendance of Students to Student Section.**

*** Any guidelines given by NMC regarding Foundation course module will be followed and informed accordingly.**